



JACKY'S RECOVERY

SUPPORT SERVICES

Jules Martinez, LCSW, CPSS, Co-founder
Teresa Molina, MSW, PhD, Co-founder, Board Chair

Jacky's Recovery Support Services (JRSS)

was created by women in long-term recovery who saw how barriers, stigma, and a lack of services prevented individuals from accessing care. Today, JRSS provides free and low cost services in English and Spanish across seven counties. These include:

- **OUD outreach, prevention & education**
 - Including **naloxone training**
- **Peer support** for youth, adults, and families
- **Case Management**
- **Therapy** by LCSWs and SUDCs
- **Psychiatry & Med Management** in partnership with the UofU
- **Recovery supports** including support groups, classes, and community activities to foster social connectedness

- **1 American dies every 5 minutes** from an overdose.
- In Utah, more people died from drug overdose in 2023 than ever before, with almost half (47.9%) involving fentanyl. With 606 drug overdose deaths, a **14.3% increase** from 2022.
- Utah is one of only 5 states that have seen an increase in overdose deaths.
- In 2018, **rural areas** such as Carbon, Emery, and Grand counties had the highest opioid overdose rates, with shortages in treatment and recovery services.

Figure 3: Opioid Overdose Death Rate per 100,000 Population by Local Health District and Highest Opioid Overdose Death Rates among Utah Residents by Utah Small Area, Age 18+

Hot Spots - seven highest opioid overdose death rates by small area

Opioid Overdose Death Rate

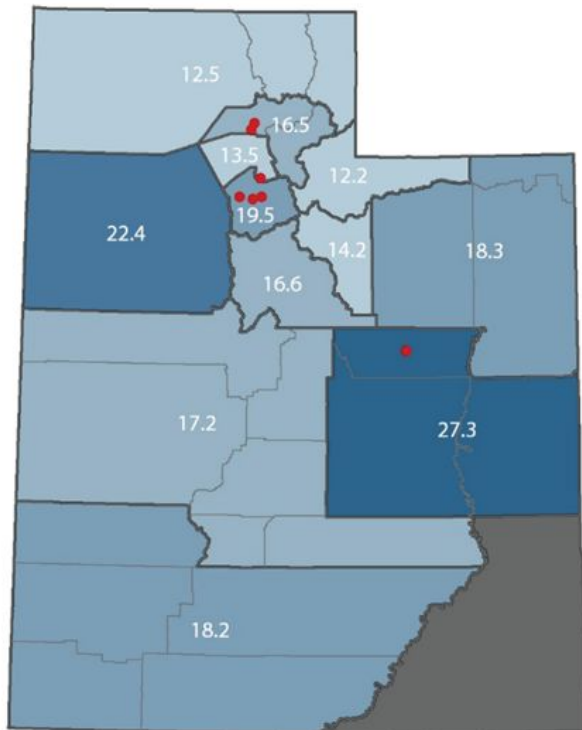
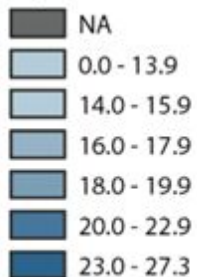
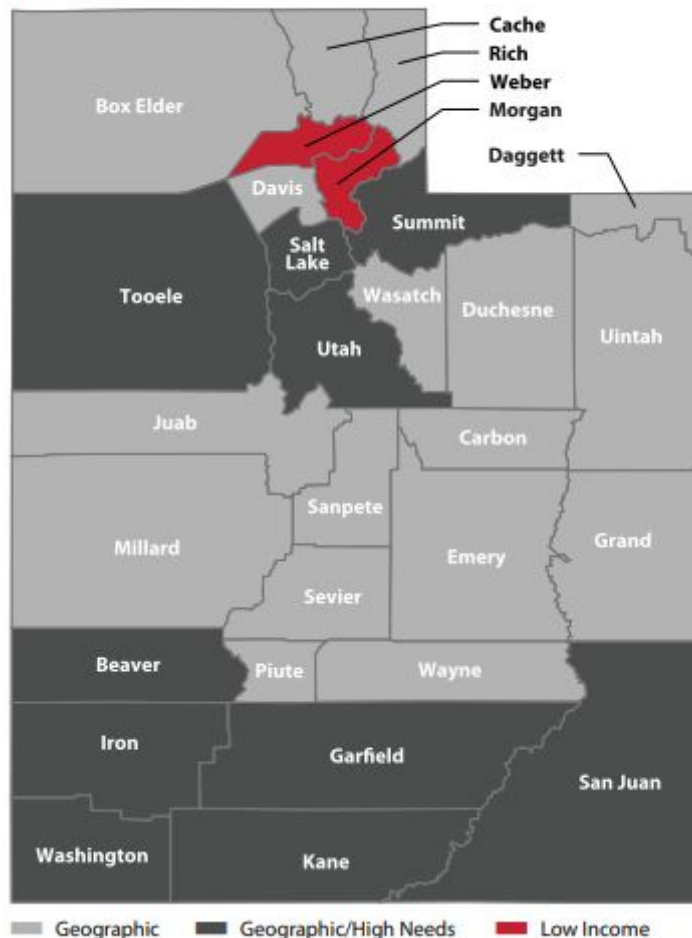


Figure 12: Mental Health Care Professional Shortage Areas by County, 2017



Our Request

- Funds will be used to conduct outreach and prevention programming with a focus on youth and young adults in rural areas of Utah through satellite offices in Ogden and Provo.
- The bulk of funds will be used to provide scholarships for services like therapy, peer support, case management, and recovery supports for people in these areas.



Demonstrated Impact

Key Partners

- University of Utah Health
- Intermountain Health Care
- Four Corners Behavioral Health
- Multicultural Counseling Center, Moab
- Moab Free Clinic
- Castle Ridge Behavioral
- The People's' Clinic
- Wasatch Behavioral Health
- Christian Center of Park City
- Summit County Health Department
- Summit County School District

**Hub and Spoke
Hybrid Model**

**Youth and YA
Prevention and
Recovery Supports**

Accountability & Stewardship of State Funds

OUTPUTS

- Number of prevention and outreach events and the estimated number reached
- Unique individuals served
- Number of clinical and recovery support services by county

OUTCOMES

- Substance Use Recovery:
 - SURE (adults only)
 - ASAM (youth and adults)
- Mental Health, Wellbeing and Functioning:
 - OQ 30.2 (youth and adults)
- State and County data

For me, recovery has involved development and movement toward new meaning and purpose in my life as I grow beyond the catastrophic effects of immigration, discrimination, oppression, mental illness, abuse of substances and poverty. It is a voluntary maintained lifestyle characterized by sobriety, personal health, spiritual growth, and citizenship.

- Jacqueline Gomez-Arias

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