

31A-22-628 Standing referral to a specialist.

- (1) With respect to a health insurance policy or health maintenance organization contract that does not allow an insured to have direct access to a health care specialist, the insurer shall establish and implement a procedure by which an insured may obtain a standing referral to a health care specialist.
- (2) The procedure established under Subsection (1):
 - (a) shall provide for a standing referral to a specialist if the insured's primary care provider determines, in consultation with the specialist, that the insured needs continuing care from the specialist; and
 - (b) may require the insurer's approval of a treatment plan designed by the specialist, in consultation with the primary care provider and the insured, which may include:
 - (i) a limit on the number of visits to the specialist;
 - (ii) a time limit on the duration of the referral; and
 - (iii) mandatory updates on the insured's condition.

Enacted by Chapter 37, 2000 General Session