

Part 3 Licensing

58-40a-301 Licensure required.

- (1) A license is required to engage in the practice of athletic training, except as specifically provided in Section 58-1-307 or 58-40a-305.
- (2) The division shall issue to an individual who qualifies under this chapter a license in the classification of athletic trainer.
- (3) An individual may not use the title "licensed athletic trainer," or "athletic trainer," or abbreviations or insignias to imply that the individual is an athletic trainer unless the individual is licensed under this chapter.

Enacted by Chapter 206, 2006 General Session

58-40a-302 Qualifications for licensure.

The division shall issue a license to practice as an athletic trainer to an applicant who:

- (1) has obtained a bachelor's or advanced degree from an accredited four-year college or university and meets the minimum athletic training curriculum requirement established by the board by rule;
- (2) has successfully completed the certification examination administered by the Board of Certification Inc. or equivalent examination approved or recognized by the board;
- (3) is in good standing with and provides documentation of current certification by the Board of Certification Inc. or a nationally recognized credentialing agency approved by the board;
- (4) submits an application to the division on a form prescribed by the division; and
- (5) pays the required licensing fee as determined by the department under Section 63J-1-504.

Amended by Chapter 183, 2009 General Session

58-40a-303 Scope of practice.

An athletic trainer may:

- (1) prevent injuries by:
 - (a) designing and implementing physical conditioning programs, which may include:
 - (i) strength and range of motion testing;
 - (ii) nutritional advisement; and
 - (iii) psychosocial intervention and referral;
 - (b) performing preparticipation screening;
 - (c) fitting protective equipment;
 - (d) designing and constructing protective products; and
 - (e) continuously monitoring changes in the environment;
- (2) recognize and evaluate injuries by:
 - (a) obtaining a history of the injury;
 - (b) inspecting an injured body part and associated structures;
 - (c) palpating bony landmarks and soft tissue structures; and
 - (d) performing clinical tests to determine the extent of an injury;
- (3) provide immediate care of injuries by:
 - (a) initiating cardiopulmonary resuscitation;
 - (b) administering basic or advanced first aid;

- (c) removing athletic equipment; and
- (d) immobilizing and transporting an injured athlete;
- (4) determine whether an athlete may return to participation or, if the injury requires further definitive care, refer the athlete to the appropriate directing physician;
- (5) rehabilitate and recondition an injury by administering therapeutic exercise and therapeutic and physical modalities, including cryotherapy, thermotherapy, and intermittent compression, electrical stimulation, ultra sound, traction devices, or mechanical devices as directed by established, written athletic training service plans or protocols or upon the order of a directing physician;
- (6) provide athletic training services administration, including:
 - (a) implementing athletic training service plans or protocols;
 - (b) writing organizational policies and procedures;
 - (c) complying with governmental and institutional standards; and
 - (d) maintaining records to document services rendered; and
- (7) educate athletes to facilitate physical conditioning and reconditioning by designing and implementing appropriate programs to minimize the risk of injury.

Enacted by Chapter 206, 2006 General Session

58-40a-304 Term of license -- Expiration -- Renewal.

- (1)
 - (a) The division shall issue each license for an athletic trainer in accordance with a two-year renewal cycle established by rule in accordance with Title 63G, Chapter 3, Utah Administrative Rulemaking Act.
 - (b) The division may, by rule, extend or shorten a renewal period by as much as one year to stagger the renewal cycles it administers.
- (2) Each license automatically expires on the expiration date shown on the license unless the licensee renews it in accordance with Section 58-1-308.

Amended by Chapter 382, 2008 General Session

58-40a-305 Exemptions from licensure.

In addition to the exemptions from licensure in Section 58-1-307, this chapter does not require the licensure of a medical assistant as defined in Section 58-67-102 or 58-68-102 or an individual who assists in an emergency or in providing services for which no fee is contemplated, charged, or received, provided the individual does not hold himself out as an athletic trainer.

Enacted by Chapter 206, 2006 General Session