

PATIENT ACCESS TO HEALTH CARE

2006 GENERAL SESSION

STATE OF UTAH

Chief Sponsor: David Ure

Senate Sponsor: _____

LONG TITLE**General Description:**

This bill amends provisions related to access to health care providers in the Health Maintenance Organization and Preferred Provider Organization Chapters of the Insurance Code.

Highlighted Provisions:

This bill:

- ▶ provides that a health maintenance organization and preferred provider organization must reimburse an insured for services of a health care provider who is not under contract if those services are otherwise covered by the insurance plan;
- ▶ establishes the reimbursement rate for noncontracted providers which is based on the amount that would be paid to a member of the same class of health care provider;
- ▶ allows the health maintenance organization or preferred provider organization to impose copayments and deductibles for noncontracted providers;
- ▶ prohibits the insurer from imposing cost-sharing measures greater than those imposed with participating providers;
- ▶ requires the insurer to make payment directly to the health care provider for out-patient services;
- ▶ clarifies the payment responsibilities of the insured;
- ▶ prohibits a nonparticipating provider who accepts the 95% reimbursement rate from



balance billing the insured for additional costs; and

▸ requires that out-of-pocket payments by insureds to noncontracted providers shall apply to any plan deductible or out-of-pocket maximums.

Monies Appropriated in this Bill:

None

Other Special Clauses:

None

Utah Code Sections Affected:

AMENDS:

31A-22-617, as last amended by Chapter 3, Laws of Utah 2005, First Special Session

ENACTS:

31A-8-503, Utah Code Annotated 1953

Be it enacted by the Legislature of the state of Utah:

Section 1. Section **31A-8-503** is enacted to read:

31A-8-503. Reimbursement of noncontracted providers.

(1) As used in this section, "class of health care providers" means all health care providers licensed, or licensed and certified by the state, within the same professional, trade, occupational, or facility licensure, or licensure and certification category established pursuant to Title 26, Utah Health Code, and Title 58, Occupations and Professions.

(2) (a) Subject to Subsections (2)(b) through (2)(d), a health maintenance organization shall pay for the services of providers who are not participating providers with the health maintenance organization, unless the illnesses or injuries treated by the provider are not within the scope of the insured's health maintenance organization's health benefit plan.

(b) When the insured receives services from a provider who is not a participating provider for the insured's health maintenance organization benefit plan, the health maintenance organization shall reimburse the insured, in accordance with Subsection (2)(c), in an amount equal to at least 95% of the amount that would be paid by the health maintenance organization to:

(i) a participating provider; and

(ii) a member of the same class of health care provider.

(c) When reimbursing for services of out-patient providers who are not participating providers, the health maintenance organization shall make direct payment to the provider.

(d) Notwithstanding Subsection (2)(b), a health maintenance organization may:

(i) impose a deductible or copayment on coverage of a medical condition treated by nonparticipating providers if the deductible or copayment is not greater than the deductible or copayment imposed on the same medical condition treated by participating providers for the insured's health benefit plan; and

(ii) not impose cost-sharing measures, including copayments, deductibles, and coinsurance, greater than those imposed on the same medical condition treated by participating providers for the insured's health benefit plan.

(3) (a) When an insured receives services from a nonparticipating provider who is reimbursed under the provisions of Subsection (2)(b), the insured is responsible for any copayments and deductibles that are imposed by the insurer under Subsection (2)(d).

(b) A nonparticipating provider who accepts the 95% reimbursement rate designated in Subsection (2)(b) may not balance bill the insured for any costs above those designated in Subsection (3)(a).

(4) This section does not apply when an individual's health maintenance organization benefit plan is a Medicaid program or the Children's Health Insurance Program under Title 26, Chapter 18, Medical Assistance Act.

Section 2. Section **31A-22-617** is amended to read:

31A-22-617. Preferred provider contract provisions.

Health insurance policies may provide for insureds to receive services or reimbursement under the policies in accordance with preferred health care provider contracts as follows:

(1) Subject to restrictions under this section, any insurer or third party administrator may enter into contracts with health care providers as defined in Section 78-14-3 under which the health care providers agree to supply services, at prices specified in the contracts, to persons insured by an insurer.

(a) (i) A health care provider contract may require the health care provider to accept the specified payment as payment in full, relinquishing the right to collect additional amounts from the insured person.

(ii) In any dispute involving a provider's claim for reimbursement, the same shall be determined in accordance with applicable law, the provider contract, the subscriber contract, and the insurer's written payment policies in effect at the time services were rendered.

(iii) If the parties are unable to resolve their dispute, the matter shall be subject to binding arbitration by a jointly selected arbitrator. Each party is to bear its own expense except the cost of the jointly selected arbitrator shall be equally shared. This Subsection (1)(a)(iii) does not apply to the claim of a general acute hospital to the extent it is inconsistent with the hospital's provider agreement.

(iv) An organization may not penalize a provider solely for pursuing a claims dispute or otherwise demanding payment for a sum believed owing.

(v) If an insurer permits another entity with which it does not share common ownership or control to use or otherwise lease one or more of the organization's networks of participating providers, the organization shall ensure, at a minimum, that the entity pays participating providers in accordance with the same fee schedule and general payment policies as the organization would for that network.

(b) The insurance contract may reward the insured for selection of preferred health care providers by:

- (i) reducing premium rates;
- (ii) reducing deductibles;
- (iii) coinsurance;
- (iv) other copayments; or
- (v) any other reasonable manner.

(c) If the insurer is a managed care organization, as defined in Subsection 31A-27-311.5(1)(f):

(i) the insurance contract and the health care provider contract shall provide that in the event the managed care organization becomes insolvent, the [rehabilitator] or liquidator may:

(A) require the health care provider to continue to provide health care services under the contract until the earlier of:

(I) 90 days after the date of the filing of a petition for rehabilitation or the petition for liquidation; or

(II) the date the term of the contract ends; and

(B) subject to Subsection (1)(c)(v), reduce the fees the provider is otherwise entitled to receive from the managed care organization during the time period described in Subsection (1)(c)(i)(A);

(ii) the provider is required to:

(A) accept the reduced payment under Subsection (1)(c)(i)(B) as payment in full; and

(B) relinquish the right to collect additional amounts from the insolvent managed care organization's enrollee, as defined in Subsection 31A-27-311.5(1)(b);

(iii) if the contract between the health care provider and the managed care organization has not been reduced to writing, or the contract fails to contain the language required by Subsection (1)(c)(i), the provider may not collect or attempt to collect from the enrollee:

(A) sums owed by the insolvent managed care organization; or

(B) the amount of the regular fee reduction authorized under Subsection (1)(c)(i)(B);

(iv) the following may not bill or maintain any action at law against an enrollee to collect sums owed by the insolvent managed care organization or the amount of the regular fee reduction authorized under Subsection (1)(c)(i)(B):

(A) a provider;

(B) an agent;

(C) a trustee; or

(D) an assignee of a person described in Subsections (1)(c)(iv)(A) through (C); and

(v) notwithstanding Subsection (1)(c)(i):

(A) a rehabilitator or liquidator may not reduce a fee by less than 75% of the provider's regular fee set forth in the contract; and

(B) the enrollee shall continue to pay the copayments, deductibles, and other payments for services received from the provider that the enrollee was required to pay before the filing of:

(I) a petition for rehabilitation; or

(II) a petition for liquidation.

(2) (a) Subject to Subsections (2)(b) through (2)(f)(g), an insurer, including a health maintenance organization governed by Chapter 8, Health Maintenance Organizations and Limited Health Plans, using preferred or participating health care provider contracts shall pay for the services of health care providers not under the contract, unless the illnesses or injuries

152 treated by the health care provider are not within the scope of the insurance contract. As used
153 in this section, "class of health care providers" means all health care providers licensed or
154 licensed and certified by the state within the same professional, trade, occupational, or facility
155 licensure or licensure and certification category established pursuant to Titles 26, Utah Health
156 Code and 58, Occupations and Professions.

157 (b) When the insured receives services from a health care provider not under contract,
158 the insurer shall reimburse the insured for at least ~~[75%]~~ 95% of the average amount paid by
159 the insurer for comparable services of preferred health care providers who are members of the
160 same class of health care providers. The commissioner may adopt a rule dealing with the
161 determination of what constitutes ~~[75%]~~ 95% of the average amount paid by the insurer for
162 comparable services of preferred health care providers who are members of the same class of
163 health care providers.

164 (c) When reimbursing for services of outpatient health care providers not under
165 contract, the insurer ~~[may]~~ shall make direct payment to the ~~[insured]~~ provider.

166 (d) (i) Notwithstanding Subsection (2)(b), an insurer using preferred or participating
167 health care provider contracts may impose a deductible and copayments on coverage of a
168 medical condition treated by health care providers not under contract with the insurer, if the
169 deductible, copayment, or coinsurance is not greater than the deductible, copayment, or
170 coinsurance imposed on the same medical condition treated by health care providers who are
171 under contract with the insurer.

172 (ii) Out-of-pocket payments by insureds to health care providers not under contract
173 shall apply toward deductibles and out-of-pocket maximums in the same way and to the same
174 extent as payments to preferred or participating providers.

175 (e) When selecting health care providers with whom to contract under Subsection (1),
176 an insurer may not unfairly discriminate between classes of health care providers, but may
177 discriminate within a class of health care providers, subject to Subsection (7).

178 (f) For purposes of this section, unfair discrimination between classes of health care
179 providers shall include:

180 (i) refusal to contract with class members in reasonable proportion to the number of
181 insureds covered by the insurer and the expected demand for services from class members; and

182 (ii) refusal to cover procedures for one class of providers that are:

(A) commonly utilized by members of the class of health care providers for the treatment of illnesses, injuries, or conditions;

(B) otherwise covered by the insurer; and

(C) within the scope of practice of the class of health care providers.

(g) (i) A health care provider not under contract with the insurer, who accepts the 95% reimbursement rate from the insured's health plan may not balance bill the insured for costs above the reimbursement rate.

(ii) When an insured receives services from a health care provider not under contract who is reimbursed under the provisions of Subsection (2)(b), the insured is responsible for any copayments or deductibles that are imposed by the insurer under Subsection (2)(d).

(3) Before the insured consents to the insurance contract, the insurer shall fully disclose to the insured that it has entered into preferred health care provider contracts. The insurer shall provide sufficient detail on the preferred health care provider contracts to permit the insured to agree to the terms of the insurance contract. The insurer shall provide at least the following information:

(a) a list of the health care providers under contract and if requested their business locations and specialties;

(b) a description of the insured benefits, including any deductibles, coinsurance, or other copayments;

(c) a description of the quality assurance program required under Subsection (4); and

(d) a description of the adverse benefit determination procedures required under Subsection (5).

(4) (a) An insurer using preferred health care provider contracts shall maintain a quality assurance program for assuring that the care provided by the health care providers under contract meets prevailing standards in the state.

(b) The commissioner in consultation with the executive director of the Department of Health may designate qualified persons to perform an audit of the quality assurance program. The auditors shall have full access to all records of the organization and its health care providers, including medical records of individual patients.

(c) The information contained in the medical records of individual patients shall remain confidential. All information, interviews, reports, statements, memoranda, or other data

214 furnished for purposes of the audit and any findings or conclusions of the auditors are
215 privileged. The information is not subject to discovery, use, or receipt in evidence in any legal
216 proceeding except hearings before the commissioner concerning alleged violations of this
217 section.

218 (5) An insurer using preferred health care provider contracts shall provide a reasonable
219 procedure for resolving complaints and adverse benefit determinations initiated by the insureds
220 and health care providers.

221 (6) An insurer may not contract with a health care provider for treatment of illness or
222 injury unless the health care provider is licensed to perform that treatment.

223 (7) (a) A health care provider or insurer may not discriminate against a preferred health
224 care provider for agreeing to a contract under Subsection (1).

225 (b) Any health care provider licensed to treat any illness or injury within the scope of
226 the health care provider's practice, who is willing and able to meet the terms and conditions
227 established by the insurer for designation as a preferred health care provider, shall be able to
228 apply for and receive the designation as a preferred health care provider. Contract terms and
229 conditions may include reasonable limitations on the number of designated preferred health
230 care providers based upon substantial objective and economic grounds, or expected use of
231 particular services based upon prior provider-patient profiles.

232 (8) Upon the written request of a provider excluded from a provider contract, the
233 commissioner may hold a hearing to determine if the insurer's exclusion of the provider is
234 based on the criteria set forth in Subsection (7)(b).

235 (9) Insurers are subject to the provisions of Sections 31A-22-613.5, 31A-22-614.5, and
236 31A-22-618.

237 (10) Nothing in this section is to be construed as to require an insurer to offer a certain
238 benefit or service as part of a health benefit plan.

239 (11) This section does not apply to catastrophic mental health coverage provided in
240 accordance with Section 31A-22-625.

Legislative Review Note

as of 11-14-05 2:26 PM

Based on a limited legal review, this legislation has not been determined to have a high probability of being held unconstitutional.

Office of Legislative Research and General Counsel

State Impact

This bill would allow individuals with coverage through a health maintenance organization (HMO) or a preferred provider organization (PPO) to go outside of their plan for services. This provision would limit the ability of the Public Employees Health Program (PEHP) to negotiate "exclusive" discounts from its network providers for public employees' benefits, which would be passed on in the form of higher premiums. The projected increase in premiums for the state is \$3.9 million; the projected increase in premiums for local governments and other entities covered by PEHP totals approximately \$1.8 million.

Over time, state and local claims costs could decrease if enough subscribers utilized out-of-network providers, because of reimbursement levels at 95 percent of allowable network charges and because of potential competition between network providers and out-of-network providers.

	<u>FY 2007</u> <u>Approp.</u>	<u>FY 2008</u> <u>Approp.</u>	<u>FY 2007</u> <u>Revenue</u>	<u>FY 2008</u> <u>Revenue</u>
General Fund	\$1,912,900	\$1,912,900	\$0	\$0
Uniform School Fund	\$1,987,100	\$1,987,100	\$0	\$0
TOTAL	\$3,900,000	\$3,900,000	\$0	\$0

Individual and Business Impact

Individuals would have the option of utilizing out-of-network health care providers. If this erodes discounts from network providers, it may cause premiums to rise. However, if over time it lowers reimbursements and fosters competition, it may cause premiums to decline. The impact on insurance companies would depend on the same variables. Out-of-network providers may experience increased business.
