	END OF LIFE PRESCRIPTION PROVISIONS
	2020 GENERAL SESSION
	STATE OF UTAH
	Chief Sponsor: Jennifer Dailey-Provost
	Senate Sponsor:
LONG T	TTLE
General	Description:
T	his bill amends the Utah Uniform Probate Code to enact the End of Life Options Act.
Highligh	ted Provisions:
Tl	his bill:
•	defines terms;
•	establishes a procedure for an individual with a terminal disease to obtain a
prescripti	on to end the individual's life;
•	designates when an individual may make a request for aid-in-dying medication;
•	establishes attending physician responsibilities;
•	requires:
	 a consulting physician confirmation;
	 an informed decision;
	 written and oral requests and the ability to rescind the request at any time;
	 waiting periods; and
	• that the patient be a resident of the state;
•	provides for a counseling referral when needed;
•	encourages family notification;
•	includes documentation and reporting requirements;
•	establishes the effect of the decision to utilize aid-in-dying medication on an
individua	l's wills, contracts, and insurance and annuity contracts;



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28	 provides limited immunities and procedures for permissible sanctions;
29	prohibits euthanasia or mercy killing;
30	 establishes criminal penalties for certain actions;
31	 provides a uniform for a patient's written request; and
32	includes a severability clause.
33	Money Appropriated in this Bill:
34	None
35	Other Special Clauses:
36	This bill provides a special effective date.
37	Utah Code Sections Affected:
38	ENACTS:
39	75-2c-101 , Utah Code Annotated 1953
40	75-2c-102, Utah Code Annotated 1953
41	75-2c-103, Utah Code Annotated 1953
42	75-2c-104, Utah Code Annotated 1953
43	75-2c-105, Utah Code Annotated 1953
44	75-2c-106, Utah Code Annotated 1953
45	75-2c-107, Utah Code Annotated 1953
46	75-2c-108, Utah Code Annotated 1953
47	75-2c-109, Utah Code Annotated 1953
48	75-2c-110, Utah Code Annotated 1953
49	75-2c-111, Utah Code Annotated 1953
50	75-2c-112, Utah Code Annotated 1953
51	75-2c-113, Utah Code Annotated 1953
52	75-2c-114, Utah Code Annotated 1953
53	75-2c-115, Utah Code Annotated 1953
54	75-2c-116, Utah Code Annotated 1953
55	75-2c-117, Utah Code Annotated 1953
56	75-2c-118, Utah Code Annotated 1953
57	75-2c-119, Utah Code Annotated 1953
58	75-2c-120, Utah Code Annotated 1953

	75-2c-121, Utah Code Annotated 1953
	75-2c-122, Utah Code Annotated 1953
	75-2c-123 , Utah Code Annotated 1953
	75-2c-124 , Utah Code Annotated 1953
	75-2c-125, Utah Code Annotated 1953
	Be it enacted by the Legislature of the state of Utah:
	Section 1. Section 75-2c-101 is enacted to read:
	CHAPTER 2c. END OF LIFE OPTIONS ACT
	<u>75-2c-101.</u> Title.
	This chapter is known as the "End of Life Options Act."
	Section 2. Section 75-2c-102 is enacted to read:
	<u>75-2c-102.</u> Definitions.
	As used in this chapter:
	(1) "Adult" means an individual who is 18 years of age or older.
	(2) "Attending physician" means the physician who has primary responsibility for the
(care of the patient and treatment of the patient's terminal disease.
	(3) "Capable" means that in the opinion of the patient's attending physician, consulting
ľ	physician, and licensed mental health professional, if any, the patient has the ability to make
:	and communicate health care decisions to health care providers, including communication
	through individuals familiar with the patient's manner of communicating if those individuals
-	are available.
	(4) "Consulting physician" means a physician who is qualified by specialty or
(experience to make a professional diagnosis and prognosis regarding the patient's disease.
	(5) "Counseling" means one or more consultations as necessary between a licensed
1	mental health professional and a patient for the purpose of determining whether the patient is
<u>(</u>	capable.
	(6) "Health care provider" means a person licensed, certified, or otherwise authorized
<u>(</u>	or permitted by the law of this state to administer health care or dispense medication in the
	ordinary course of business or practice of a profession.
	(7) "Informed decision" means a decision that is made by a patient to request and

90	obtain a prescription for aid-in-dying medication to end the patient's life in a humane and
91	dignified manner and that is based on an appreciation of the relevant facts, after being fully
92	informed by the attending physician of:
93	(a) the patient's medical diagnosis;
94	(b) the patient's prognosis;
95	(c) the potential risks associated with taking the medication to be prescribed;
96	(d) the probable result of taking the medication to be prescribed; and
97	(e) the feasible alternatives, including concurrent or additional treatment alternatives,
98	palliative care, comfort care, hospice care, disability resources available in the community, and
99	pain control.
100	(8) "Medically confirmed" means the medical opinion of the attending physician has
101	been confirmed by a consulting physician who has examined the patient and the patient's
102	relevant medical records.
103	(9) "Patient" means an adult who is under the care of a physician.
104	(10) "Physician" means the same as that term is defined in Section 26-65-102.
105	(11) "Qualified patient" means a capable adult who has satisfied the requirements of
106	this chapter to obtain a prescription for medication to end the patient's life in a humane and
107	dignified manner.
108	(12) "Self-administer" means a qualified patient's affirmative, conscious act of using
109	the medication to bring about the qualified patient's own death in a humane and dignified
110	manner.
111	(13) "Terminal disease" means an incurable and irreversible disease that has been
112	medically confirmed and will, within reasonable medical judgment, produce death within six
113	months.
114	Section 3. Section 75-2c-103 is enacted to read:
115	75-2c-103. Written and oral requests Opportunity to rescind.
116	(1) In order to receive a prescription for aid-in-dying medication to end a patient's life
117	in a humane and dignified manner, a patient shall:
118	(a) make an oral request for the aid-in-dying medication;
119	(b) make a written request for the aid-in-dying medication in accordance with this
120	chapter; and

121	(c) repeat the oral request to the patient's attending physician no less than 15 days after
122	the day on which the patient makes the initial oral request.
123	(2) At the time the patient makes the second oral request, the attending physician shall
124	offer the patient an opportunity to rescind the request.
125	(3) (a) A patient may rescind the patient's request at any time and in any manner
126	without regard to the patient's mental state.
127	(b) A physician may not write a prescription for medication under this chapter without
128	the attending physician offering the patient an opportunity to rescind the patient's request.
129	Section 4. Section 75-2c-104 is enacted to read:
130	75-2c-104. Initiation of written request for medication.
131	(1) A patient may make a written request for aid-in-dying medication for the purpose of
132	ending the patient's life in a humane and dignified manner if the patient:
133	(a) is suffering from a terminal disease;
134	(b) is capable;
135	(c) is a resident of Utah; and
136	(d) has voluntarily expressed a wish to receive aid-in-dying medication.
137	(2) An individual may not qualify under the provisions of Subsection (1) solely
138	because of age or disability.
139	(3) A request for a prescription for aid-in-dying medication shall be made by a patient
140	described in Subsection (1), and may not be made by any other means, including the patient's
141	qualified power of attorney, durable medical power of attorney, or advanced health care
142	directive.
143	Section 5. Section 75-2c-105 is enacted to read:
144	75-2c-105. Form of the written request.
145	(1) A written request for aid-in-dying medication under this chapter shall be in
146	substantially the form described in Section 75-2c-124, signed and dated by the patient, and
147	witnessed by at least two adults who, in the presence of the patient, attest that to the best of
148	each adult's knowledge and belief the patient:
149	(a) is capable;
150	(b) is acting voluntarily; and
151	(c) is not being coerced to sign the request.

152	(2) At least one witness may not:
153	(a) be a relative of the patient by blood, marriage, or adoption;
154	(b) at the time the request is signed, be entitled to any portion of the estate of the
155	patient upon death under any will or by operation of law; or
156	(c) an owner, operator, or employee of a health care facility where the patient is
157	receiving medical treatment or is a resident.
158	(3) The patient's attending physician at the time the patient's request is signed may not
159	be a witness.
160	Section 6. Section 75-2c-106 is enacted to read:
161	75-2c-106. Attending physician responsibilities.
162	(1) The attending physician for a patient who requests aid-in-dying medication for the
163	purpose of ending the patient's life in a humane and dignified manner, shall:
164	(a) make the initial determination of whether the patient:
165	(i) has a terminal disease;
166	(ii) is capable; and
167	(iii) is making the request voluntarily;
168	(b) request that the patient attest to Utah residency pursuant to Section 75-2c-113;
169	(c) ensure that the patient is making an informed decision, by informing the patient of:
170	(i) the patient's medical diagnosis;
171	(ii) the patient's prognosis;
172	(iii) the potential risks associated with taking the medication to be prescribed;
173	(iv) the probable result of taking the medication to be prescribed; and
174	(v) the feasible alternatives, including concurrent or additional treatments, palliative
175	care, comfort care, hospice care, disability resources available in the community, and pain
176	control;
177	(d) refer the patient to a consulting physician for medical confirmation of the diagnosis
178	and for a determination that the patient is capable, is acting voluntarily, and is making an
179	informed decision;
180	(e) refer the patient for counseling, if appropriate, as described in Section 75-2c-108;
181	(f) recommend that the patient notify the patient's next of kin;
182	(g) counsel the patient about the importance of having another individual present when

183	the patient takes the medication prescribed under this chapter and about not taking the
184	medication in a public place;
185	(h) inform the patient that the patient may rescind the request at any time and in any
186	manner;
187	(i) at the end of the 15-day waiting period described in Section 75-2c-111, offer the
188	patient an opportunity to rescind the patient's request;
189	(j) verify that the patient is making an informed decision in accordance with Section
190	75-2c-109; and
191	(k) fulfill the medical record documentation requirements of Section 75-2c-112.
192	(2) (a) The attending physician for the patient described in Subsection (1) shall ensure
193	that all appropriate steps are carried out in accordance with this chapter before:
194	(i) determining that the patient is a qualified patient; and
195	(ii) writing a prescription for aid-in-dying medication to enable the qualified patient to
196	end the qualified patient's life in a humane and dignified manner.
197	(b) With the qualified patient's consent, the attending physician for a qualified patient
198	shall:
199	(i) electronically contact a pharmacist and inform the pharmacist of the prescription for
200	the aid-in-dying medication described in Subsection (2)(a)(ii);
201	(ii) personally send an electronic prescription to the pharmacist for the aid-in-dying
202	medication; and
203	(iii) inform the Department of Health of the prescription for the aid-in-dying
204	medication, including the name of the medication prescribed.
205	(c) The pharmacist described in Subsection (2)(b) shall dispense the aid-in-dying
206	medication described in Subsection (2)(b) to:
207	(i) the qualified patient;
208	(ii) the attending physician; or
209	(iii) an expressly identified agent of the qualified patient.
210	(3) Notwithstanding any other provision of law, the attending physician may sign the
211	qualified patient's death certificate.
212	Section 7. Section 75-2c-107 is enacted to read:
213	75-2c-107. Consulting physician confirmation.

214	Before a patient is qualified under this chapter, a consulting physician shall examine the
215	patient and the patient's relevant medical records and confirm, in writing, the attending
216	physician's diagnosis that the patient is suffering from a terminal disease and verify that the
217	patient:
218	(1) is capable;
219	(2) is acting voluntarily; and
220	(3) is making an informed decision.
221	Section 8. Section 75-2c-108 is enacted to read:
222	75-2c-108. Counseling referral.
223	(1) If in the opinion of the attending physician or the consulting physician a patient
224	may be suffering from impaired judgment, the physician who holds that opinion shall refer the
225	patient for counseling.
226	(2) Aid-in-dying medication to end the life of a patient described in Subsection (1) in a
227	humane and dignified manner may not be prescribed until a counselor determines that the
228	patient:
229	(a) is capable;
230	(b) is acting voluntarily; and
231	(c) is making an informed decision.
232	Section 9. Section 75-2c-109 is enacted to read:
233	75-2c-109. Informed decision.
234	(1) A patient may not receive a prescription for aid-in-dying medication to end the
235	patient's life in a humane and dignified manner unless the patient has made an informed
236	decision.
237	(2) Immediately before prescribing the aid-in-dying medication described in
238	Subsection (1) in accordance with this chapter, the attending physician shall verify that the
239	patient is making an informed decision.
240	Section 10. Section 75-2c-110 is enacted to read:
241	75-2c-110. Family notification.
242	(1) The attending physician shall recommend that the patient notify the next of kin of
243	the patient's request for aid-in-dying medication under this chapter.
244	(2) The attending physician may not deny a patient's request for aid-in-dying

245	medication under this chapter on the basis of the patient's declination or inability to notify the
246	patient's next of kin.
247	Section 11. Section 75-2c-111 is enacted to read:
248	75-2c-111. Waiting periods.
249	A physician may not prescribe aid-in-dying medication to end a patient's life in a
250	humane and dignified manner until:
251	(1) no less than 15 days have elapsed since the day on which the patient made the first
252	oral request for a prescription for aid-in-dying medication to end the patient's life in a humane
253	and dignified manner;
254	(2) the patient made the second oral request described in Subsection 75-2c-103(1)(c);
255	<u>and</u>
256	(3) at least 48 hours have elapsed since the time at which the patient submitted to the
257	physician the patient's written request for a prescription for aid-in-dying medication to end the
258	patient's life in a humane and dignified manner.
259	Section 12. Section 75-2c-112 is enacted to read:
260	75-2c-112. Medical record documentation requirements.
261	The following shall be documented or filed in the medical record of a patient who
262	requests aid-in-dying medication for the purpose of ending the patient's life in a humane and
263	dignified manner:
264	(1) all oral requests by the patient for a prescription for aid-in-dying medication to end
265	the patient's life in a humane and dignified manner;
266	(2) all written requests by the patient for a prescription for aid-in-dying medication to
267	end the patient's life in a humane and dignified manner;
268	(3) the attending physician's diagnosis, prognosis, and determination whether the
269	patient:
270	(a) is capable;
271	(b) is acting voluntarily; and
272	(c) has made an informed decision;
273	(4) the consulting physician's diagnosis, prognosis, and determination whether the
274	patient:
275	(a) is capable;

276	(b) is acting voluntarily; and
277	(c) has made an informed decision;
278	(5) a report of the outcome and determinations made during counseling, if performed;
279	(6) the attending physician's offer to the patient to rescind the patient's request at the
280	time of the patient's second oral request under Subsection 75-2c-103(1)(c); and
281	(7) a note by the attending physician indicating that all requirements under this chapter
282	have been met and indicating the steps taken to carry out the request, including a notation of
283	the medication prescribed.
284	Section 13. Section 75-2c-113 is enacted to read:
285	75-2c-113. Residency requirement.
286	(1) An attending physician may rely on the patient's attestation of meeting the
287	requirements for being a resident of Utah if the attestation complies with Subsections (2) and
288	<u>(3).</u>
289	(2) A patient shall attest to the attending physician that the patient:
290	(a) is a resident of the state; and
291	(b) (i) possesses a Utah driver license or Utah identification card;
292	(ii) is registered to vote in Utah;
293	(iii) owns or leases property in Utah;
294	(iv) filed a Utah tax return for the most recent tax year, and did not file a Non and
295	Part-year Resident Schedule; or
296	(v) has some other indication of Utah residency that is recognized by state law.
297	(3) A patient who relies on Subsection (2)(b)(v) to attest to residency in Utah shall
298	specifically describe the factors that the patient is relying upon in the attestation to the
299	attending physician.
300	Section 14. Section 75-2c-114 is enacted to read:
301	75-2c-114. Reporting requirements.
302	(1) A health care provider who dispenses medication under this chapter shall file a
303	copy of the dispensing record with the Department of Health in the manner described in
304	Subsection (3).
305	(2) (a) The Department of Health may review a sample of the medical records of
306	patients who receive medication under this chapter.

307	(b) Except as otherwise required by law, the information collected under Subsections
308	(1) and (2)(a) are private records under Section 63G-2-302.
309	(3) The Department of Health shall:
310	(a) generate and make available to the public an annual statistical report of
311	de-identified information collected under this section;
312	(b) make rules under Title 63G, Chapter 3, Utah Administrative Rulemaking Act, to
313	facilitate the collection of information regarding compliance with this chapter; and
314	(c) provide an annual report to the Health and Human Services Interim Committee
315	regarding the statistical report described in Subsection (3)(a).
316	Section 15. Section 75-2c-115 is enacted to read:
317	75-2c-115. Effect on construction of wills, contracts, and statutes.
318	(1) No provision in a contract, will, or other agreement, whether written or oral, to the
319	extent the provision would affect whether an individual may make or rescind a request for
320	aid-in-dying medication, is valid.
321	(2) No obligation owing under any currently existing contract shall be conditioned or
322	affected by the making or rescinding of a request for aid-in-dying medication under this
323	chapter.
324	Section 16. Section 75-2c-116 is enacted to read:
325	75-2c-116. Insurance or annuity policies.
326	(1) A qualified patient's act of ingesting aid-in-dying medication to end the patient's
327	life in a humane and dignified manner, in accordance with this chapter, does not affect a life,
328	health, or accident insurance or annuity policy.
329	(2) An insurer may not:
330	(a) deny or alter health care benefits otherwise available to an individual with a
331	terminal illness based on the availability of aid-in-dying medication; or
332	(b) coerce or attempt to coerce an individual to make a request for aid-in-dying
333	medication.
334	Section 17. Section 75-2c-117 is enacted to read:
335	75-2c-117. Construction of chapter.
336	(1) Nothing in this chapter authorizes a physician or another person to end a patient's
337	life by lethal injection, mercy killing, or euthanasia.

338	(2) Actions taken in accordance with this chapter do not, for any purpose, constitute
339	suicide, assisted suicide, mercy killing, or homicide.
340	Section 18. Section 75-2c-118 is enacted to read:
341	75-2c-118. Immunity for action in good faith Prohibition against reprisal
342	Acceptable prohibitions.
343	(1) A person is not subject to civil or criminal liability or professional disciplinary
344	action for actions resulting from good faith compliance with this chapter, including being
345	present when a qualified patient takes the prescribed aid-in-dying medication to end the
346	qualified patient's life in a humane and dignified manner.
347	(2) A professional organization or association, or health care provider, may not subject
348	a person to censure, discipline, suspension, loss of license, loss of privileges, loss of
349	membership, or other penalty for participating or refusing to participate in good faith
350	compliance with this chapter.
351	(3) A request by a patient for, or provision by an attending physician of, aid-in-dying
352	medication in good faith compliance with the provisions of this chapter is not neglect for any
353	purpose of law and may not form nor contribute to the basis for the appointment of a guardian
354	or conservator.
355	(4) A health care facility may not prohibit a health care provider from providing
356	medical aid-in-dying care, except that the health care facility may prohibit the patient from
357	self-administration of aid-in-dying medication on the premises of the facility.
358	(5) A health care facility may not prohibit the lawful self-administration of aid-in-dying
359	medication on the premises of the facility unless the health care facility provides written
360	notification of the prohibition to the attending physician and any qualified patient.
361	(6) If a health care facility prohibits the self-administration of aid-in-dying medication,
362	the facility shall refer a qualified patient to a health care facility that does not have a
363	prohibition against the self-administration of aid-in-dying medication on the premises.
364	Section 19. Section 75-2c-119 is enacted to read:
365	<u>75-2c-119.</u> Liabilities.
366	(1) A person may not:
367	(a) without authorization of the patient, willfully alter or forge a request for
368	aid-in-dying medication or conceal or destroy a rescission of the request with the intent or

309	effect of causing the patient's death, or
370	(b) coerce or exert undue influence on a patient to request aid-in-dying medication for
371	the purpose of ending the patient's life, or destroy a rescission of the request.
372	(2) A violation of Subsection (1) is a first degree felony.
373	(3) Nothing in this chapter limits further liability for civil damages resulting from other
374	negligent conduct or intentional misconduct by any person.
375	(4) The penalties in this chapter do not preclude criminal penalties applicable under
376	other law for conduct that is inconsistent with the provisions of this chapter.
377	Section 20. Section 75-2c-120 is enacted to read:
378	75-2c-120. Claims by governmental entity for costs incurred.
379	A governmental entity that incurs costs resulting from an individual terminating the
380	individual's life pursuant to the provisions of this chapter in a public place shall have a claim
381	against the estate of the individual to recover the costs and reasonable attorney fees related to
382	enforcing the claim.
383	Section 21. Section 75-2c-121 is enacted to read:
384	75-2c-121. No duty to provide medical aid-in-dying care.
385	(1) A health care provider may choose whether to provide medical aid-in-dying care in
386	accordance with this chapter.
387	(2) If a health care provider is unwilling to provide medical aid-in-dying care to a
388	requesting, capable patient, the health care provider shall make reasonable efforts to transfer
389	the care of the patient to a health care provider who willingly provides medical aid-in-dying
390	care.
391	(3) When a health care provider transfers the care of a patient under Subsection (2), the
392	health care provider shall coordinate the transfer of the patient's medical records to the new
393	health care provider.
394	Section 22. Section 75-2c-122 is enacted to read:
395	75-2c-122. Death certificate.
396	(1) Unless otherwise prohibited, the attending physician or the hospice medical director
397	shall sign the death certificate of a qualified patient who obtained and self-administered
398	aid-in-dying medication.
399	(2) When a death occurs as a result of aid-in-dying medication prescribed in

400	accordance with this chapter:
401	(a) the cause of death shall be listed on the death certificate as the underlying terminal
402	illness for which the individual qualified to obtain the aid-in-dying medication; and
403	(b) the manner of death may not be listed as suicide or homicide.
404	(3) Notwithstanding Section 26-4-7, a death that results in accordance with this chapter
405	may not form the sole basis for a postmortem investigation.
406	Section 23. Section 75-2c-123 is enacted to read:
407	75-2c-123. Safe disposal of unused aid-in-dying medication.
408	A person who has custody or control of aid-in-dying medication that is dispensed under
409	this chapter and that is unused after the qualified patient who obtained the aid-in-dying
410	medication has died shall dispose of the aid-in-dying medication by any lawful means,
411	including taking the unused aid-in-dying medication to:
412	(1) the attending physician who wrote the prescription for the aid-in-dying medication,
413	who shall dispose of the medication by lawful means;
414	(2) a federally approved medication take-back program; or
415	(3) a local take-back program supported by a law enforcement agency, pharmacy, or
416	health care provider.
417	Section 24. Section 75-2c-124 is enacted to read:
418	75-2c-124. Form of the request.
419	A request for aid-in-dying medication as authorized by this chapter shall be in
420	substantially the following form:
421	REQUEST FOR MEDICATION
422	TO END MY LIFE IN A HUMANE
423	AND DIGNIFIED MANNER
424	I, , am an adult of sound mind.
425	I am suffering from , which my attending physician has determined is a
426	terminal disease and which has been medically confirmed by a consulting physician.
427	I have been fully informed of my diagnosis, prognosis, the nature of medication to be
428	prescribed, and potential associated risks, the expected result, and the feasible alternatives,
429	including palliative care, comfort care, hospice care, disability resources available in the
430	community, and pain control.

431	I request that my attending physician prescribe medication that will end my life in a
432	humane and dignified manner.
433	INITIAL ONE:
434	I have informed my family of my decision and taken their opinions into
435	consideration.
436	I have decided not to inform my family of my decision.
437	I have no family to inform of my decision.
438	I understand that I have the right to rescind this request at any time.
439	I understand the full import of this request and I expect to die when I take the
440	medication to be prescribed. I further understand that although most deaths occur within three
441	hours, my death may take longer and my physician has counseled me about this possibility.
442	I make this request voluntarily and without reservation, and I accept full moral
443	responsibility for my actions.
444	Signed:
445	Dated:
446	DECLARATION OF WITNESSES
447	We declare that the individual signing this request:
448	(a) is personally known to us or has provided proof of identity;
449	(b) signed this request in our presence;
450	(c) appears to be of sound mind and not under duress, fraud, or undue influence; and
451	(d) is not a patient for whom either of us is the attending physician.
452	Witness 1/Date
453	Witness 2/Date
454	NOTE: At least one witness shall be an adult who is not a relative (by blood, marriage,
455	or adoption) of the individual signing this request, is not entitled to any portion of the
456	requestor's estate upon death, and does not own, operate, and is not employed at a health care
457	facility where the requestor is a patient or resident.
458	Section 25. Section 75-2c-125 is enacted to read:
459	<u>75-2c-125.</u> Severability.
460	(1) If a final decision of a court of competent jurisdiction holds invalid any provision
461	of this chapter or the application of any provision to any person or circumstance, the remaining

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462	provisions of this chapter remain effective without the invalidated provision or application.
463	(2) The provisions of this chapter are severable.
464	Section 26. Effective date.
465	This bill takes effect on July 1, 2020.