

MENTAL HEALTH TREATMENT STUDY

2023 GENERAL SESSION

STATE OF UTAH

Chief Sponsor: Marsha Judkins

Senate Sponsor: _____

LONG TITLE

General Description:

This bill requires a study of mental health treatment and supports.

Highlighted Provisions:

This bill:

- ▶ defines terms;
- ▶ requires the Office of Substance Use and Mental Health (office) to conduct a study on the delivery and accessibility of mental health treatment and supports in the state;
- ▶ describes the requirements of the study; and
- ▶ requires the office to present a report on the results of the study to the Health and Human Services Interim Committee by December 31, 2024.

Money Appropriated in this Bill:

None

Other Special Clauses:

None

Utah Code Sections Affected:

ENACTS:

62A-15-125, Utah Code Annotated 1953

Be it enacted by the Legislature of the state of Utah:



28 Section 1. Section **62A-15-125** is enacted to read:

29 **62A-15-125. Mental health treatment study.**

30 (1) As used in this section, "office" means the Office of Substance Use and Mental
31 Health.

32 (2) (a) Before July 1, 2024, the office shall conduct a study on the delivery and
33 accessibility of mental health treatment and supports in the state.

34 (b) In conducting the study, the office shall:

35 (i) collect data regarding:

36 (A) the number of individuals with a mental illness, and the number of individuals with
37 a serious and persistent mental illness, who receive mental health treatment or supports in the
38 state;

39 (B) the number of individuals with a mental illness, and the number of individuals with
40 a serious and persistent mental illness, who are civilly committed; and

41 (C) the number of individuals with a mental illness, and the number of individuals with
42 a serious and persistent mental illness, who are not receiving, but would benefit from, mental
43 health treatment or supports;

44 (ii) determine the projected growth for each of the populations described in Subsection
45 (2)(b)(i) over the next three, five, and 10 years, and the likely impact of that projected growth
46 on the mental health treatment and supports available in the state;

47 (iii) identify:

48 (A) resources and funding available for mental health treatment and supports in the
49 state, including federal funding provided after January 1, 2020, to the state or a state agency;

50 (B) delivery models for mental health treatment and supports that prevent or delay
51 crisis intervention, hospitalization, or incarceration;

52 (C) barriers to access to mental health treatment and supports for the populations
53 described in Subsection (2)(b)(i);

54 (D) any impact of the federal funding described in Subsection (2)(b)(iii)(A) on the
55 availability of mental health treatment or supports in the state; and

56 (E) funding or service delivery gaps related to mental health treatment and supports in
57 the state;

58 (iv) examine models, policies, or legislation enacted throughout the United States

59 related to mental health treatment and supports and the effectiveness of the models, policies, or
60 legislation in improving access to, delivery, and outcomes of mental health treatment and
61 supports; and

62 (v) seek input from and actively engage with the public and community partners,
63 including stakeholders representing the populations described in Subsection (2)(b)(i), health
64 care providers, and other professionals.

65 (3) The department may, subject to Title 63G, Chapter 6a, Utah Procurement Code,
66 contract with another state agency, a private entity, or a research institution to assist the
67 department with the study described in Subsection (2).

68 (4) Before December 31, 2024, the office shall submit to the Health and Human
69 Services Interim Committee a final written report regarding the study described in Subsection
70 (2) that includes:

71 (a) a comprehensive, multi-year plan with goals, objectives, and measurable outcomes
72 to address any gaps identified in the study under Subsection (2)(b)(iii)(E) and the current and
73 future mental health treatment and supports needs in the state;

74 (b) references to all sources of information and data used in the final written report and
75 in the study; and

76 (c) recommendations to improve the delivery and accessibility of mental health
77 treatment and supports to the populations described in Subsection (2)(b)(i).