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1	CONCURRENT RESOLUTION PROMOTING KINDNESS IN
2	UTAH
3	2023 GENERAL SESSION
4	STATE OF UTAH
5	Chief Sponsor: Curtis S. Bramble
6	House Sponsor: Stephanie Gricius
7 8	LONG TITLE
9	General Description:
)	This resolution expresses recognition of, and support for, kindness throughout the state
l	of Utah.
,	Highlighted Provisions:
3	This resolution:
-	 emphasizes the importance of kindness in Utah;
	 recognizes Utah citizen's inherent proclivity to be kind to their fellow citizens; and
)	 urges continued support for proactive acts of kindness to foster a healthier society
,	for our citizens.
3	Special Clauses:
)	None
0	
1	Be it resolved by the Legislature of the state of Utah, the Governor concurring therein:
2	WHEREAS, now, more than ever, the world needs more kindness;
3	WHEREAS, kindness can be as simple as a single smile, a thoughtful message to a
4	friend, or just a small, unexpected gesture, but the effects can be powerful;
5	WHEREAS, one act of kindness can brighten a moment, lift someone's spirits, and turn
)	a bad day into a good story;
7	WHEREAS, kindness can become contagious and one small act of kindness can spark
3	another small act of kindness;
9	WHEREAS, an act of kindness has been proven to be beneficial to both the giver and

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30	the recipient, and acts of kindness can promote positive behaviors from others, provide a sense
31	of purpose and satisfaction for ourselves, and even help us live longer;
32	WHEREAS, an act of kindness is an act of good health and self-care;
33	WHEREAS, in partnership with The Semnani Family Foundation, local faith and
34	business leaders, educators, and government leaders, the One Kind Act a Day movement will
35	start here in Utah and create an impact that can be felt around the nation and even around the
36	world;
37	WHEREAS, our community can be the nexus of a rippling effect that can transform the
38	globe with kindness; and
39	WHEREAS, we encourage all Utahns to commit one kind act today and every day:
40	NOW, THEREFORE, BE IT RESOLVED that the Legislature of the state of Utah, the
41	Governor concurring therein, do hereby declare April 12 as "One Kind Act A Day" Day in
42	Utah.