

1 **CONCURRENT RESOLUTION PROMOTING KINDNESS IN**
2 **UTAH**

3 2023 GENERAL SESSION

4 STATE OF UTAH

5 **Chief Sponsor: Curtis S. Bramble**

6 House Sponsor: Stephanie Gricius

8 **LONG TITLE**

9 **General Description:**

10 This resolution expresses recognition of, and support for, kindness throughout the state
11 of Utah.

12 **Highlighted Provisions:**

13 This resolution:

- 14 ▶ emphasizes the importance of kindness in Utah;
- 15 ▶ recognizes Utah citizen's inherent proclivity to be kind to their fellow citizens; and
- 16 ▶ urges continued support for proactive acts of kindness to foster a healthier society

17 for our citizens.

18 **Special Clauses:**

19 None

21 *Be it resolved by the Legislature of the state of Utah, the Governor concurring therein:*

22 WHEREAS, now, more than ever, the world needs more kindness;

23 WHEREAS, kindness can be as simple as a single smile, a thoughtful message to a
24 friend, or just a small, unexpected gesture, but the effects can be powerful;

25 WHEREAS, one act of kindness can brighten a moment, lift someone's spirits, and turn
26 a bad day into a good story;

27 WHEREAS, kindness can become contagious and one small act of kindness can spark



28 another small act of kindness;

29 WHEREAS, an act of kindness has been proven to be beneficial to both the giver and
30 the recipient, and acts of kindness can promote positive behaviors from others, provide a sense
31 of purpose and satisfaction for ourselves, and even help us live longer;

32 WHEREAS, an act of kindness is an act of good health and self-care;

33 WHEREAS, in partnership with The Semnani Family Foundation, local faith and
34 business leaders, educators, and government leaders, the One Kind Act a Day movement will
35 start here in Utah and create an impact that can be felt around the nation and even around the
36 world;

37 WHEREAS, our community can be the nexus of a rippling effect that can transform the
38 globe with kindness; and

39 WHEREAS, we encourage all Utahns to commit one kind act today and every day:

40 NOW, THEREFORE, BE IT RESOLVED that the Legislature of the state of Utah, the
41 Governor concurring therein, do hereby declare April 12 as "One Kind Act A Day" Day in
42 Utah.